

European Resuscitation Council Pediatric Basic Life Support



1 day



ERC
regulated



Certificate
valid for 1 year



Course Overview

The **Pediatric Basic Life Support (PBLs)** course, organized by the European Resuscitation Council (ERC), is designed to equip healthcare providers and anyone working with children with the essential skills needed to respond to pediatric emergencies.

The PBLs course is structured to provide both theoretical knowledge and practical skills. The theoretical part is often delivered online through the ERC's CoSy platform, while the hands-on training typically lasts between 4 to 6 hours.

The course is open to anyone working with children, including healthcare professionals, teachers, and caregivers. There are no specific prerequisites, making it accessible to a broad audience.

What's Covered?

- Assess a child who is unresponsive.
- Initiate resuscitation efforts, including performing high quality chest compression and rescue breaths.
- Operate an automated external defibrillator (AED) safely.
- Manage choking incidents and place a child in the recovery position.
- Understand and act in situations of sudden collapse.

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